The Heath **PROGRAMME**

VIRTUAL EVENT: 4 – 6 SEPTEMBER Including Sculpture Trail Launch

Celebrating the wildlife and history of our heaths:

- Join in our colouring session
- Discover the sculpture trail
- See the Saxon weapons show and tell
- Watch the LIVE sand Lizard cam













Live elements of the programme are subject to change. Check our social media channels for the latest updates.







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FRIDAY 4 SEPT. **SCULPTURE TRAIL DASH**

Join in with the launch of the National Park's very first sculpture trail. Site rangers and Heathlands Reunited staff will be dashing to each sculpture location in one day to virutally explain the stories behind each sculpture. Then you will have everything you need to know to go and find them yourself.....

f LIVE

- ▶ 10.00 GRAFFHAM
- ▶ 10.45 WIGGONHOLT
- ► 11.15 IPING AND STEDHAM
- **▶** 13.00 LAVINGTON
- ▶ 13.30 WOOLBEDING
- ► 14.15 BLACK DOWN
- ► 15.00 SHORTHEATH





ALL WEEKEND:

Live Baby Sand Lizard Cam

Ever wondered what it is like to babysit a

lizard? Keep an eye on one of Britain's

Conservation's (ARC) captive bred sand

lizards reintroduction programme, ARC

raise juveniles safely in captivity before

sites to help restore their natural range

a site managed by ARC in the spring of

Don't miss their scheduled feed times and

relocating them to suitable heathland

after years of population decline.

These young lizards hatched at the beginning of July and will be released on

rarest native reptiles over the whole

As part of Amphibian and Reptile

weekend

next year.









SATURDAY 5 SEPT. WHO LIVES ON OUR HEATHS?

► 10:00 – SUSSEX WILDLIFE TRUST: **SITE SHOWCASE**

A virtual tour of Graffham and Iping and Stedham Commons. Join the site rangers to learn more about the wildlife that lives on our heaths and how they manage these areas to protect rare and threatened species.

▶ 11.00 – WEALDEN HEATH **RANGERS**



LIVE

► 13:00 – COLOUR YOURSELF HAPPY (

Enjoy colouring in? Join us for half an hour of mindfulness. Settle yourself and the children down to join our relaxed heathland colouring session. Download the sheets here.

While you colour, Emily and Beth will be explaining the story behind the colouring sheet and give you top colouring tips. Learn facts about the wildlife you're bringing alive and choose for yourself if you'd like to make them look like the real thing or completely create your own!

► 16:00 – REPTILE Q&A SESSION **f** LIVE



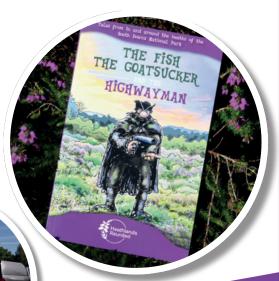
...with Amphibian and Reptile Conservation, Bryony and Ralph will be live for half an hour on our Facebook page to answer any questions you have about the live sand lizard cam that has been running throughout the day.

▶ 17:30 – EVENING STORY TIME WITH **BLUEBIRD THE STORY TELLER**

Snuagle down for story time with Janet, a Heathlands Reunited volunteer. She will tell a story about 'The Goat Sucker' from the book 'The Fish, The Goat Sucker and The Highwayman'. This was a book created by the Heathland Volunteers.

See a downloadable copy of the book here

Find out more about the work of the volunteers here



SUNDAY 6 SEPT. HISTORICAL HEATHS

► 10.00 - HEATHLAND SHORT HISTORY

Join Butser Ancient Farm and Petersfield Museum for a whistle stop tour through our heathlands timeline.

► 10.30 – SAXON WEAPONS **SHOW AND TELL**



loin our real life Saxons as they take you through their items for battle. See their armour and learn how they used these items in battle.

Don't forget your lolly sticks and sticky tape or a plastic fork and some wool!

► 12.00 LEARN TO LUNCH LIKE A VIKING

Over lunchtime enjoy our pre recorded video which shows you how to make your very own nettle soup and bread. Also find out how the Saxon's freshened their breath with an alternative chewing gum.

▶ 13.00 – DRESS A SAXON



Watch the Saxons 'dress a warrior' whilst explaining the colour dyes, weaving, and utensils used during this time.

Have a go at cord weaving by joining in our basic demo. All you need is 2 lolly sticks and some sticky tape or a plastic fork and some wool.





Download the warrior colouring sheets and check out our pinterest board.

Dress yourself as a warrior and send in your entries to win a wooden round shield. Send your photos to heathlands@southdowns.gov.uk. Entires accepted until the end of the day on 08/09/20 our winner will be announced on the 14/09/20.

▶ 17:30 - (ADULTS) HISTORY WALK

Join Ryan Watts, Petersfield museum's f LIVE engagement officer to discover the history of one of the jewels in Petersfield's crown, Petersfield Heath.

From its prehistoric beginnings as a hunting ground and burial site to its current recreational use, we will look at how people have been using this landscape through objects and photographs spanning almost 10,000 years.

19.00 - ANGLO SAXON ILLNESS AND **MEDICINE**

Join us for a talk by 'Dr Born' to discover how Anglo Saxons used nature to make medicines and help cure illnesses.



