

Secrets of The Heath PROGRAMME

VIRTUAL EVENT:
4 – 6 SEPTEMBER

Celebrating the wildlife
and history of our heaths:

- Join in our colouring session
- Discover the sculpture trail
- See the Saxon weapons show and tell
- Watch the LIVE sand Lizard cam



SOUTH DOWNS
NATIONAL PARK
CELEBRATING 10 YEARS



Including
Sculpture
Trail Launch



FRIDAY 4 SEPT. SCULPTURE TRAIL DASH

Join in with the launch of the National Park's very first sculpture trail. Site rangers and Heathlands Reunited staff will be dashing to each sculpture location in one day to virtually explain the stories behind each sculpture. Then you will have everything you need to know to go and find them yourself.....



- ▶ 10.00 – GRAFFHAM
- ▶ 10.45 – WIGGONHOLT
- ▶ 11.15 – IPING AND STEDHAM
- ▶ 13.00 – LAVINGTON
- ▶ 13.30 – WOOLBEDING
- ▶ 14.15 – BLACK DOWN
- ▶ 15.00 – SHORTHEATH



Live elements of the programme are subject to change. Check our social media channels for the latest updates.



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ALL WEEKEND: Live Baby Sand Lizard Cam

Ever wondered what it is like to babysit a lizard? Keep an eye on one of Britain's rarest native reptiles over the whole weekend

As part of Amphibian and Reptile Conservation's (ARC) captive bred sand lizards reintroduction programme, ARC raise juveniles safely in captivity before relocating them to suitable heathland sites to help restore their natural range after years of population decline.

These young lizards hatched at the beginning of July and will be released on a site managed by ARC in the spring of next year.

Don't miss their scheduled feed times and the Q&A session with ARC at the end of Saturday!

'These little lizards are growing fast and need to eat a lot of insects! Keep an eye on our social media if you want to watch feeding time!'



SATURDAY 5 SEPT. WHO LIVES ON OUR HEATHS?

► 10:00 – SUSSEX WILDLIFE TRUST: SITE SHOWCASE

A virtual tour of Graffham and Iping and Stedham Commons. Join the site rangers to learn more about the wildlife that lives on our heaths and how they manage these areas to protect rare and threatened species.

► 11:00 – WEALDEN HEATH RANGERS

Join us for an interactive session focused on modern day heathland management. Learn about some of the tools and techniques we use now and discover some things to look out for during your next heathland visit.

► 13:00 – COLOUR YOURSELF HAPPY

Enjoy colouring in? Join us for half an hour of mindfulness. Settle yourself and the children down to join our relaxed heathland colouring session. Download the sheets [here](#).

While you colour, Emily and Beth will be explaining the story behind the colouring sheet and give you top colouring tips. Learn facts about the wildlife you're bringing alive and choose for yourself if you'd like to make them look like the real thing or completely create your own!



► 16:00 – REPTILE Q&A SESSION

...with Amphibian and Reptile Conservation, Bryony and Ralph will be live for half an hour on our Facebook page to answer any questions you have about the live sand lizard cam that has been running throughout the day.

► 17:30 – EVENING STORY TIME WITH BLUEBIRD THE STORY TELLER

Snuggle down for story time with Janet, a Heathlands Reunited volunteer. She will tell a story about 'The Goat Sucker' from the book 'The Fish, The Goat Sucker and The Highwayman'. This was a book created by the Heathland Volunteers.

See a downloadable copy of the book [here](#)

Find out more about the work of the volunteers [here](#)



SUNDAY 6 SEPT. HISTORICAL HEATHS

► 10.00 – HEATHLAND SHORT HISTORY

Join Butser Ancient Farm and Petersfield Museum for a whistle stop tour through our heathlands timeline.

► 10.30 – SAXON WEAPONS SHOW AND TELL

Join our real life Saxons as they take you through their items for battle. See their armour and learn how they used these items in battle.

Don't forget your lolly sticks and sticky tape or a plastic fork and some wool!

► 12.00 LEARN TO LUNCH LIKE A VIKING

Over lunchtime enjoy our pre recorded video which shows you how to make your very own nettle soup and bread. Also find out how the Saxon's freshened their breath with an alternative chewing gum.

► 13.00 – DRESS A SAXON

Watch the Saxons 'dress a warrior' whilst explaining the colour dyes, weaving, and utensils used during this time.

Have a go at cord weaving by joining in our basic demo. All you need is 2 lolly sticks and some sticky tape or a plastic fork and some wool.



Fancy Dress Competition



Download the warrior colouring sheets and check out our [pinterest board](#).

Dress yourself as a warrior and send in your entries to win a **wooden round shield**. Send your photos to heathlands@southdowns.gov.uk. Entries accepted until the end of the day on 08/09/20 our winner will be announced on the 14/09/20.

► 17:30 – (ADULTS) HISTORY WALK

Join Ryan Watts, Petersfield museum's engagement officer to discover the history of one of the jewels in Petersfield's crown, Petersfield Heath.

From its prehistoric beginnings as a hunting ground and burial site to its current recreational use, we will look at how people have been using this landscape through objects and photographs spanning almost 10,000 years.

19.00 – ANGLO SAXON ILLNESS AND MEDICINE

Join us for a talk by 'Dr Born' to discover how Anglo Saxons used nature to make medicines and help cure illnesses.

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