

DITCHLING & STANMER

7 THE MAC'S FARM

Dumbrells Court Road, Ditchling, East Sussex BN6 8GT
01273 845189 • themacsfarm.co.uk

Here you can see a range of activities happening on a working farm. Pick up some organic eggs direct from one of their sheds and if you have any questions about rescuing chickens they'll be able to help.

Everyday: 9am–12pm
Call ahead for a planned visit.

8 DITCHLING TEA ROOMS

6–8 West Street, Ditchling, Hassocks, West Sussex BN6 8TS
01273 842708 • info@ditchlingtearooms.com
ditchlingtearooms.com

Enjoy delicious home-baked pastries and cakes in this historic spot where, then Secretary of State for Environment, Hilary Benn signed the order to designate the South Downs National Park on 12 November 2009.

Mon–Fri: 8am–4pm
Sat–Sun: 8am–5pm

9 THE DITCHLING LARDER

Ditchling, East Sussex BN6 8UQ • 01273 845333
rosalind.dh@gmail.com • larder-ditchling.com

This small local shop and delicatessen at the foot of the South Downs boasts a wide range of delicious local cheese, jams and honey, freshly baked bread and award winning cakes.

Mon–Sat: 9am–6pm

10 STANMER HOUSE & RESTAURANT

Stanmer Park, Brighton, BN1 9QA • 01273 767631
info@stanmerhouse.co.uk • stanmerhouse.co.uk

Built in 1720 for the first Earl of Chichester, Thomas Pelham, by the architect Nicholas Dubois, this quintessential English country house is set in 5,000 acres of parkland serving breakfasts, traditional pub lunches and lots more.

Mon–Thur: 9am–11.30pm
Fri–Sat: 9am–12am
Sun: 9am–11pm

11 STANMER PARK TEA ROOMS

Stanmer Village, Brighton BN1 9PZ • 01273 604041
stanmerpark-tearooms.co.uk

A highly popular part of the picture-postcard village of Stanmer since the 1950s, these tea rooms offer traditional homemade cream teas, sandwiches and lots more.

Everyday: 10am–4pm (Flexible during summer.)

12 OFFHAM FARM

Offham nr Lewes, East Sussex BN7 3QE
01273 478265 • offhamfarmshop.co.uk

The Harmer family has farmed at Offham for 250 years and specialises in high-quality meats. This farm shop sells additive-free beef, lamb and pork all reared on the farm while the deli counter sells eggs from roaming hens and honey from the farm's bees.

Weds–Fri: 9am–5.30pm
Sat: 9am–4pm
Sun: 11am–4pm

13 THE BLACKSMITH'S ARMS

Offham, East Sussex BN7 3QD • 01273 472971
info@blacksmithsarms.pub
theblacksmithsarms-offham.co.uk

This idyllic small business offers a restaurant, pub and a B&B. Dishes include local produce with fish sourced from Newhaven, dairy and eggs from Ninfield Farm and venison, game and asparagus from the Douglas family in Ringmer.

Mon–Sat: 12pm–11pm
Sun: 12pm–10.30pm



Advance booking



Dining



Shopping



Tea room



Attraction



Accommodation

SOUTH DOWNS

DELICIOUS DAYS OUT

IN THE LEWES AND
DITCHLING AREA



SOUTH DOWNS
NATIONAL PARK

The South Downs National Park is overflowing with delicious local food and drink experiences. This leaflet gives you a quick taster of the vast range of local produce waiting to be discovered in the Lewes and Ditchling area.

For a full platter of places to eat, buy and experience delicious local produce visit southdownsfood.org and use the FoodFinder tool to plan a mouth-watering day out.

1 THE GINGER FOX ☒

Muddleswood Road, West Sussex BN6 9EA
01273 857888 • gingerfox@gingermanrestaurants.com
thegeringerfox.com

This friendly pub serves high-quality, seasonal, Sussex produce; from local fish and meat, to beer from Harveys and award-winning wine from Ridgeview. A beautiful beer garden provides a vegetable patch, children's play area and views of the South Downs.

Everyday: 11.30am–12am

2 RUSHFIELD'S FARM SHOP & CAFÉ ☒

Poynings, East Sussex BN45 7AY • 01273 857445
adrian@rushfields.com rushfields.com

Pick up fantastic local produce whether you are planning a party or baking a cake, they have it all. They also stock a comprehensive range of gluten free products.

Mon–Sun: 9am–5pm
Café: 9.30am–4.30pm

3 THE SHEPHERD AND DOG ☒

Fulking, West Sussex BN5 9LU • 01273 857382
info@shepherdanddog.com • shepherdanddogpub.co.uk

Tucked away at the foot of Devil's Dyke just north of Brighton, this idyllic pub offers traditional ales, outstanding local food and a reputation as one of the finest walker and dog friendly pubs in Sussex! This pub takes its live music seriously too, offering three themed festivals throughout the year.

Everyday: 11am–12am

4 CAMILLA & ROLY ☒ ⭐ 🚗 (SADDLESCOMBE FARM)

Saddlescombe Farm, Brighton BN45 7DB
01273 857062 • camillaandroly@gmail.com
camillaandroly.co.uk/farm-visits

This National Trust beef and sheep farm produces the best quality meat through high animal welfare, while protecting and enhancing the natural environment. Here you can take a farm walk or trailer ride to experience some of the views, sights and smells of a downland farm. Call to book a visit.

5 WASHBROOKS FARM ☒ ⭐

Hurstpierpoint, West Sussex BN6 9EF • 01273 832201
info@washbrooks.co.uk • washbrooks.co.uk

This open farm lets children get familiar with a wide range of farm and non-farm/animals. You'll find tractor rides, an indoor play area and two acres of outdoor adventure with opportunities to see animals being fed and cared for. Tearoom onsite.

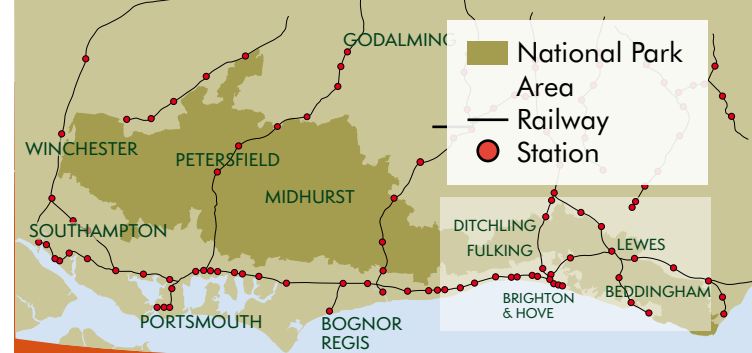
Everyday: 9.30am–5pm (tearoom closes at 4pm)

6 RIDGEVIEW WINE ESTATE ☒ ⭐

Ditchling Common, East Sussex BN6 8TP
01444 242040 • info@ridgeview.co.uk • ridgeview.co.uk

One of the pioneers in the growth of English Sparkling Wine, this international award-winning family vineyard is dedicated to producing high-quality sparkling wines. Visitors are welcome to visit the winery, close to culture-crammed Ditchling.

Tasting Room: Mon–Sat: 11am–4pm
Call or book online for tours (£15pp).



EXPLORE BY BUS AND TRAIN

Public transport allows you to enjoy local produce without worrying about traffic or parking. Visit traveline.info/se for timetables. For more ideas of days out in the National Park visit southdowns.gov.uk/discovery-map

The Discovery Ticket gives unlimited travel across the National Park and beyond in the South of England for just £16 a day for 2 adults and 3 children, or £8.50 for an adult and £7 for a child (5–15 years old). For shorter journeys the bus companies' own ticket prices may be cheaper – southdowns.gov.uk/discoveryticket

CONTACT

South Downs National Park Authority:
01730 814810

 @SDNPA

 /SDNPA



SOUTH DOWNS.GOV.UK

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AROUND LEWES

14 LEWES FOOD MARKET

Lewes, East Sussex BN7 1NG
07824 711727
lewesfoodmarket.co.uk

Run by the Lewes Local Community Interest Company, this market runs every Friday selling fruit and veg, eggs, milk, meat, bread, fish and lots more – all of which must be raised, grown, produced, processed or baked within approximately 30 miles of Lewes.

Fri: 9.30am–1.30pm

15 THE PELHAM ARMS

Lewes, East Sussex BN7 1XL
01273 476149
goodtimes@thepelhamarms.co.uk
thepelhamarms.co.uk

Every meal served here is freshly prepared on the premises using the best local produce. If you ask they can even give you a map to show exactly where your meal comes from!

Tues–Thurs: 12am–11pm

Fri–Sat: 12pm–12am

Sun: 12am–10.30pm

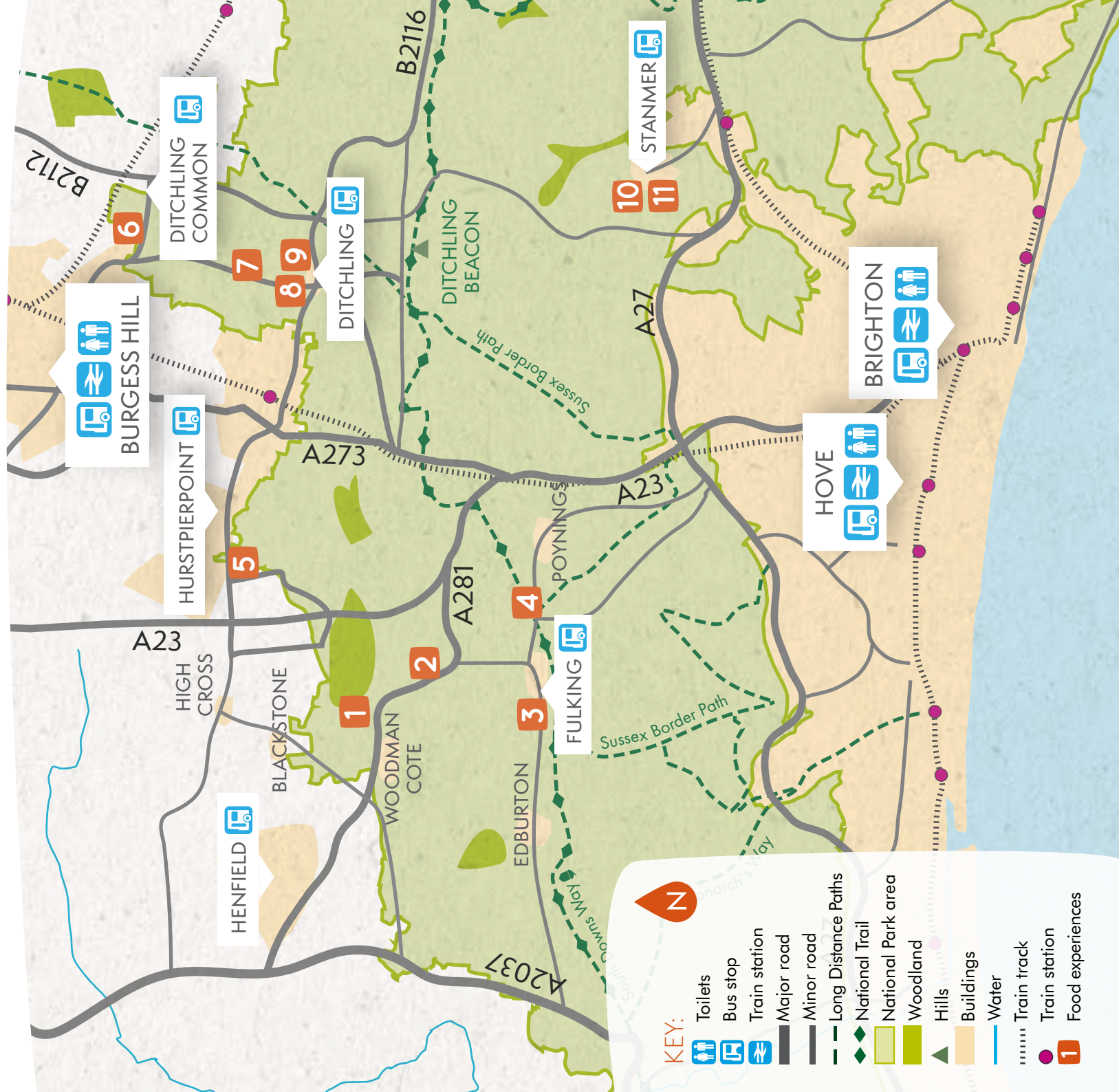
16 LEWESIANA TEAROOMS

85 High Street, Lewes, East Sussex
01273 480822
lewesiana.co.uk

Here you'll find quality loose leaf teas, spectacular homemade cakes, local ice cream, Sussex ales, wines, champagnes, English sparkling wines and lots more.

Mon–Sat: 8am–5.30pm

Sun: 11am–4pm



KEY:

- Toilets
- Bus stop
- Train station
- Major road
- Minor road
- Long Distance Paths
- National Trail
- National Park area
- Woodland
- Hills
- Buildings
- Water
- Train track
- Train station
- Food experiences

17 SPRING BARN FARM

Lewes, East Sussex BN7 3ND
01273 488450
info@springbarnfarm.com
springbarnfarm.com

A family fun location focused on farming and food, including a farm shop stocked with local produce, a restaurant serving dishes made with local ingredients, a campsite and a popular Children's Farm Park.

Mon-Sat: 9am-5pm,
Sun: 10am-5pm

18 BREAKY BOTTOM VINEYARD

Lewes, East Sussex BN7 3EX
01273 476427
breakybottom@btinternet.com
breakybottom.co.uk

This small-scale family business has appeared in the top ten of English wines in Hugh Johnson's Pocket Wine Book for over 20 years. In November 2013, the International Wine and Spirit Competition also short-listed it for 'Best UK Wine Producer' award. Visits arranged by appointment.

19 HUNTER GATHERER COOK HQ

Beddingham, East Sussex, BN8 6JY
07921 863768
enquiries@huntergathercook.com
huntergathercook.com

Learn about wild food, butchery, brewing and a range of cookery skills. Conducted in the woods you will soon begin to view the surrounding landscape as your very own larder...

Course run weekly, April to November.
Advance bookings required.

20 THE RAM INN

Firle, East Sussex BN8 6NS
01273 858222
manager@raminn.co.uk
raminn.co.uk

Here you'll find fish sourced from Shoreham, game off the nearby Firle Estate, meat direct from Redlands Farm in Horam and fruit from the garden.

Everyday: 9am-11pm

21 MIDDLE FARM

Lewes, East Sussex BN8 6LJ
01323 811411
info@middlefarm.com
middlefarm.com

Meet your farmyard favourites at this large working farm which is home to the National Collection of Cider & Perry. The oldest farm shop in the UK stocks home-reared meat, unpasteurised Jersey milk and an extensive range of local produce while the farmhouse kitchen restaurant prepares delicious fresh food.

Shop and Restaurant:

Mon-Sun: 9.30am-5.30pm

