

Leave your car at home and enjoy the South Downs National Park by bus or train

Visit the astonishing places right on our doorstep, some are free and others help to support a more environmentally sustainable future by participating in **Discover More of the South Downs for Less 2-for-1**. On arrival, show a valid train or bus ticket for all members of your party and you'll get 2-for-1 entry (T&Cs apply). Check attractions' websites for opening hours, as some have limited/seasonal opening times.



Situated between Worthing, Shoreham-by-Sea, the South Downs National Park and the sea, Lancing has a long history dating back to the Stone Age.

Today, the main shopping centre is South Lancing, the smaller, older shops being south of the railway, while north of the railway in North Road there are shopping parades offering a selection of independent and national retailers. There is a shingle beach with good stretches of clean sand at low water. South of the coast road is Widewater Lagoon, an internationally rare brackish lagoon, and the only known location of the probably extinct Ivell's sea anemone. Immediately north of the developed area is Lancing Ring, a Nature Reserve, part of the former Sussex Downs Area of Outstanding Natural Beauty (AONB) and the newly established South Downs National Park. During the Bronze Age (1500 to 500BC) a sacred place was made near Lancing Ring and an incense cup and fragments of pottery from this spot are now in the British Museum.



LANCING

SOUTH DOWNS NATIONAL PARK


THINGS TO DO IN LANCING



FREE

LANCING COLLEGE CHAPEL

Lancing College, founded by Nathaniel Woodard in 1848, is an independent boarding and day school for boys and girls aged 13 upwards. It is renowned for its magnificent Chapel which dominates the landscape to the north of the A27. It is largest school chapel in the world and is an architectural masterpiece of the gothic revival, with soaring columns and a wealth of stained glass, carvings and tapestries.

 All services are open to the public, and the Chapel is open Monday to Saturday between 10am and 4pm and Sunday and Bank Holidays between 12noon and 4pm.



WALKING IN LANCING



We have outlined two walking routes near Lancing – you can download the guide from the South Downs website.

The Shoreham-by-Sea trail starts at the bus stop outside the Red Lion on Nicholas Lane and a 4.5 mile non-circular walk (allow 2 ½ hours) throughout peaceful countryside and stunning views of the Adur Valley.

The Upper Beeding 4 mile non-circular walk (allow 2 hours) begins near Dacre Gardens and takes you along grassy footpaths and bridleways through the South Downs, offering breathtaking views to the coast. The walk finishes at on Old Shoreham Road.

If you have time to explore Shoreham-by-Sea you might want to check out.

Shoreham Fort
shorehamfort.co.uk

Ropetackle Arts Centre
ropetacklecentre.co.uk

Marlapins Museum
sussexpast.co.uk/properties-to-discover/marlipins-museum



BUSES TO LANCING

There are buses to Lancing from Brighton & Hove Route 2. Compass route 106.



TRAINS TO LANCING

Lancing is well connected by train with direct trains from London Victoria, Portsmouth & Southsea, Brighton and Littlehampton.

For more information southdowns.gov.uk/moreforless

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