

Falmer, Stanmer and Ditchling

Distance: 9 miles / 14 km

Time: 1–1.5 hours



Train:

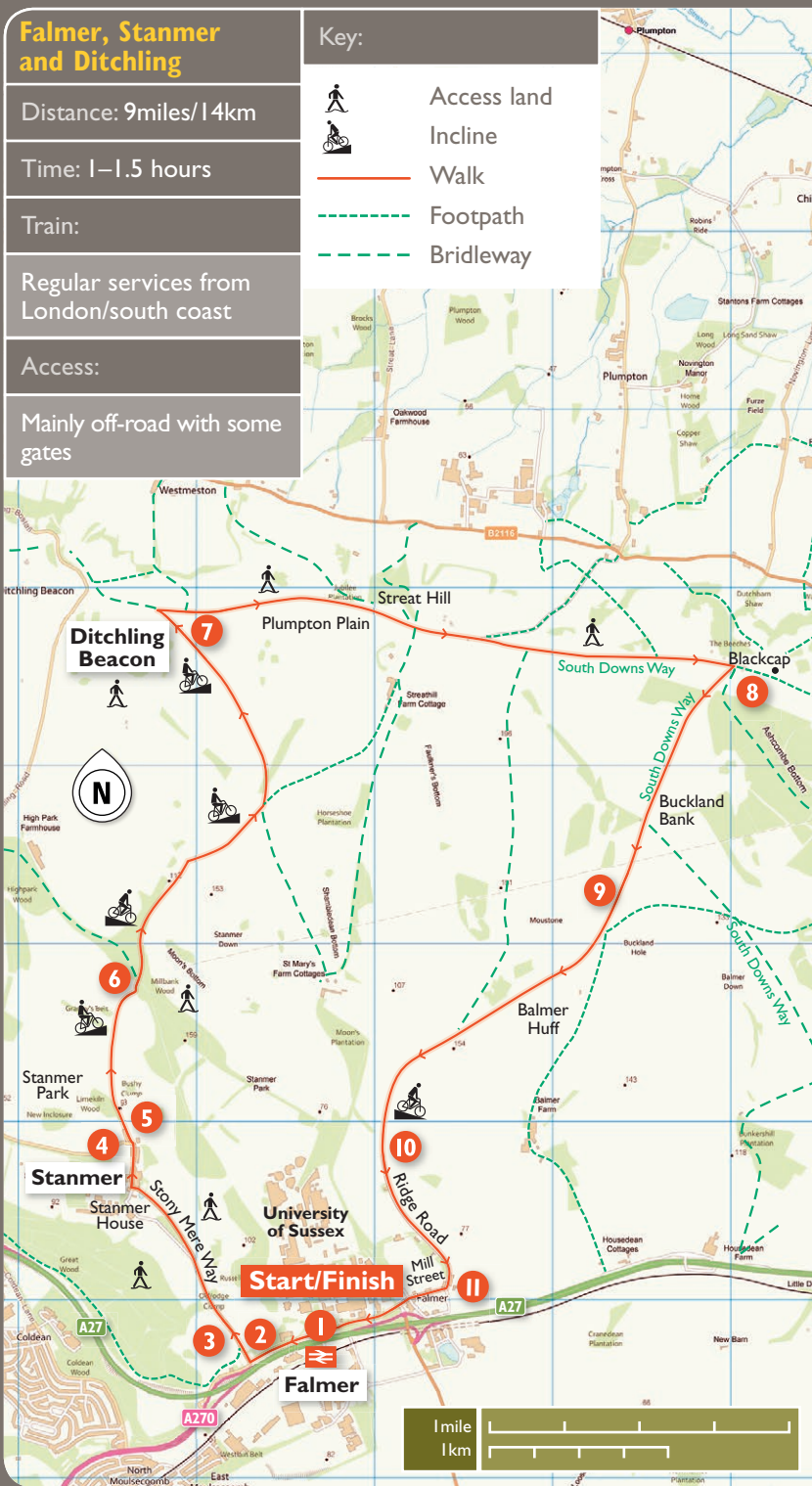
Regular services from London/south coast

Access:

Mainly off-road with some gates

Key:

-  Access land
-  Incline
-  Walk
-  Footpath
-  Bridleway



Route Instructions

- 1** Exit **Falmer station** and take the subway underneath the **A27**.
- 2** Take the next left and follow the road until you reach **Sportscentre Road**, turn left.
- 3** Take the next right on to **Stony Mere Way** and enter **Stanmer Park**.
- 4** Follow the road past **Stanmer House**, turning right at the t-junction, then after the church take the next left into **Stanmer Village**.
- 5** At the end of the village go straight ahead and pass through a gate. Follow the bridleway until you reach the large pylon and junction.
- 6** Continue straight ahead, following the bridleway through 3 gates, then turn left at the t-junction.
- 7** Follow the bridleway until you reach the **South Downs Way (SDW)**. (At this point you can turn left onto the SDW and cycle up to **Ditchling Beacon**). Turn right onto the SDW and head towards **Streat Hill** and **Plumpton Plain**.
- 8** Continue on the SDW until you reach **National Trust land** at **Blackcap**, turn right and follow the SDW.
- 9** When you reach the t-junction with the SDW and **Buckland Bank** go straight ahead towards **Balmer Huff & Ridge Farm**.
- 10** Continue on **Ridge Road** taking the next right on to **Mill Street**.
- 11** At the t-junction turn left and take the next right at the roundabout down **Falmer Hill cycle path** towards the subway under the **A27**, then head back to **Falmer Station**.

Cycle rides near Lewes and Falmer

Discover another way to visit the South Downs National Park. Go to www.traveline.co.uk or call **0871 200 22 33** to find public transport information. For train timetables, visit www.nationalrail.co.uk or call **08457 484950**.

South Downs National Park

The South Downs National Park is Britain's newest National Park, rich in landscape, culture and wildlife. Discover ancient woodland and enjoy spectacular views as you explore the open downs and heathlands. Within these landscapes lie bustling market towns and peaceful rural villages, historic houses and the remains of ancient settlements.

Contact us

South Downs National Park Authority

Tel: 0300 303 1053

Web: www.southdowns.gov.uk

 Twitter: @SDNPA  Facebook: SDNPA

Please follow the Countryside Code:

Leave gates as you find them and keep dogs under close control or on a lead.

Where in the South Downs National Park:



Details correct at time of going to print. Please be aware that routes are shared with other users (vehicles, pedestrians, dogs, horses etc) and users of the SDNPA Walk and Ride Leaflet Series do so at their own risk. We do not accept any responsibility for loss, damage or injury, however caused, arising directly or indirectly from use of this leaflet. Contains Ordnance Survey data © Crown copyright and database right 2013.

NATIONAL TRAIL



South Downs
National Park







Cycle rides near Lewes and Falmer

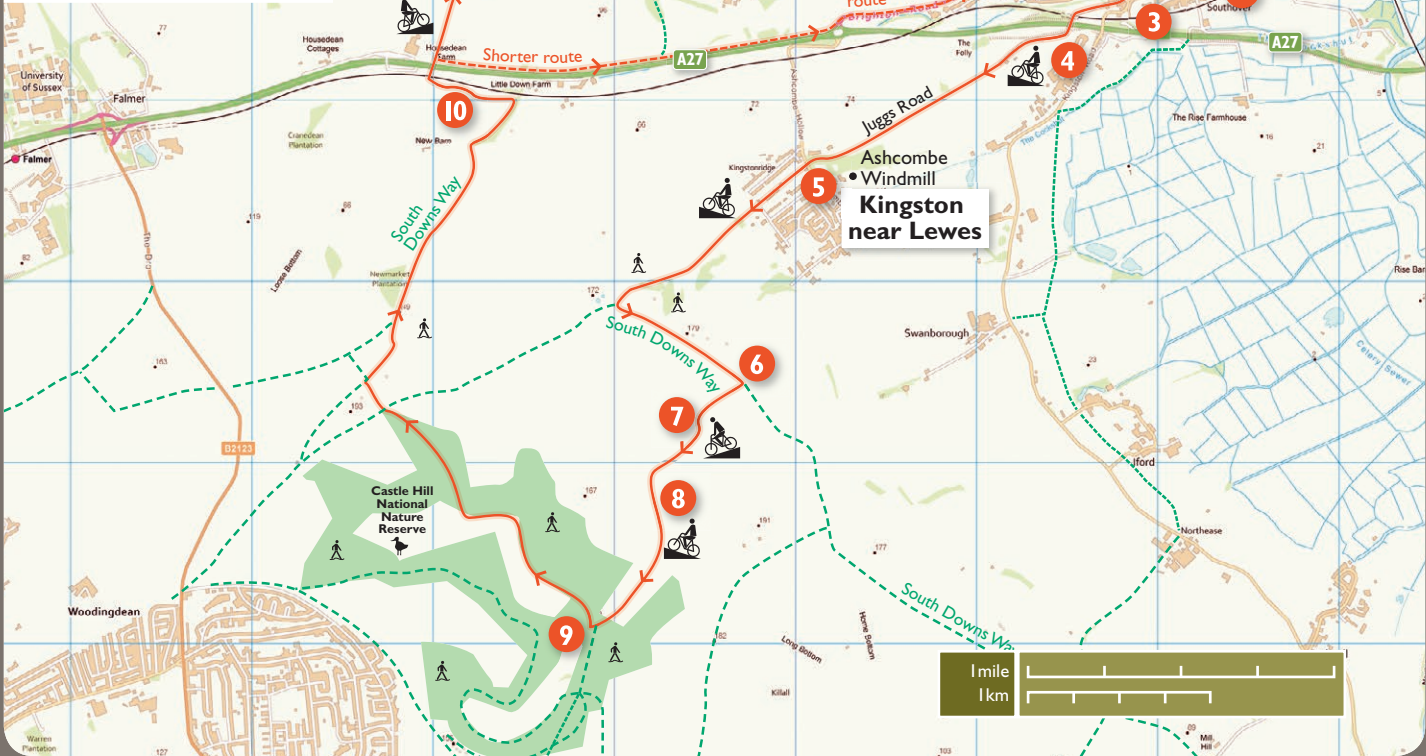


© Photo Adrian Downie

Leave your car at home, take the train

Lewes & Kingston	Shorter route
Distance: 14miles/22km	Distance: 9miles/15km
Time: 3–4 hours	Time: 2–2.5 hours
Train:	
Regular services from London/south coast	
Access:	
On-road, some bridleway	
Key:	

	Nature reserve
	Access land
	Incline
	Ride
	Footpath
	Bridleway



Route Instructions

- 1 Exit Lewes station and turn left along **Station Road**.
- 2 At the roundabout turn right onto the **B2193 (Priory Road)** then go straight across the next roundabout.
- 3 At next roundabout go straight ahead then at the next junction follow the bridleway sign straight ahead for **Juggs Road** and **Kingston**.
- 4 Follow the tarmac road over the bridge crossing the **A27** and continue up the hill. Follow the bridleway until you join the road at **Ashcombe Lane**.
- 5 Cross over **Ashcombe Lane** and continue along the tarmac road which turns into a bridleway, continue straight ahead through a metal gate. Where the track forks bear left to the top of the hill.
- 6 At the top of the hill turn left along the **South Downs Way (SDW)** through a wooden gate. After 100 metres turn right through the gate next to a cattle grid.
- 7 Follow the bridleway down the hill passing a barn on your right. When you arrive at the next barn bear right, go through the gate and follow the bridleway.
- 8 Pass through the gate and continue up the hill through **Castle Hill Nature Reserve**.
- 9 At the top of the reserve go through the gate and turn right. At the next junction follow the signs left for SDW and continue to the **A27**.
- 10 At the **A27** follow the SDW over the bridge. (For a shorter route leave the SDW at this point and follow the **A27** and **A277** cycle route back to **Lewes High Street**, turn down **Watergate Lane**, turn left at the t-junction and then right onto **Station Road** back to **Lewes Railway Station**).
- 11 Follow the SDW signs until you reach the water tap. Turn left up the short flight of steps and continue to **Plumpton Plain** t-junction.
- 12 Turn right towards **Lewes** and follow the bridleway keeping the old race course buildings and **Lewes Prison** on your right.

- 13 Continue on to **Spital Road**, then at the junction of **Neville Road** continue straight onto **Lewes High Street**.
- 14 When you reach the **Old Law Courts** turn right into **Watergate Lane** then turn left at the t-junction and then right onto **Station Road** back to **Lewes Railway Station**.

Lewes & Kingston ride

Lewes, the county town of East Sussex, is famed for its many historic buildings and vibrant community. The Norman castle still dominates the town that also saw the Battle of Lewes between King Henry III and Simon de Montford in 1264, the burning of 17 martyrs during the reign of Queen Mary and the Great Avalanche of 1836.

On the route from Kingston to Lewes you will pass the recently built Ashcombe windmill, this is a replica located on the original site of this unusual mill which had six sweeps. The foundations of the original mill can still be seen under the new building.

Blackcap was an important bronze age burial site and later was used by Simon de Montford's army to gather prior to the Battle of Lewes. Today the area is an important wildlife site that's owned and managed by the National Trust. On Mount Harry to the east of Blackcap you can see the replica Beacon erected to commemorate the Millennium.

Falmer, Stanmer and Ditchling ride

Stanmer Park has over 5000 acres of open and wooded land mostly open access for walkers. The village, with its flint-knapped cottages, was built in the mid-eighteenth century by the Earl of Chichester.

Ditchling Beacon is the highest point in East Sussex and is the site of an early iron-age hill fort. A wide variety of flowers can be found here in the summer months.