

## FIND YOUR WAY

Follow the Acorn symbol for the South Downs Way. For other rights of way use the arrows on waymarkers to pick your route.

Footpath		
Bridleway		
Restricted byway		
Byway		
Open access land		National Trail Acorn

## CONTACT

**HEATHLANDS REUNITED TEAM:**

heathlands@southdowns.gov.uk

01730 819320

@SDNPA #HelpTheHeaths

/SDNPA

southdownsnp

[southdowns.gov.uk/heathlands-reunited](http://southdowns.gov.uk/heathlands-reunited)

**SOUTHDOWNSGOV.UK**

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## TAKE THE LEAD

The Take The Lead campaign is a celebration of responsible dog owners in the South Downs. Here is how you and your dog can take the lead:

- Always bag and bin your dog poo
- Keep dogs on a lead around livestock
- Protect ground nesting birds. Stick to the paths, especially between 1 March – 15 September
- Do not enter Ministry of Defence (MOD) danger areas when the red flags are flying

**78%** ...OF VISITORS USE HEATHLAND TO...  
**WALK THEIR DOG**

Watch our canine confession films at [southdowns.gov.uk/takethelead](http://southdowns.gov.uk/takethelead) or search for #TakeTheLead



## 5 LANDSCAPE AND CONSERVATION

EASY

**WEDNESDAY 22 AUGUST, 11.00**

Lords Piece, Fittleworth, Pulborough, West Sussex, RH20 1EU

	Compass 99 from Chichester and Petworth
	1.3 miles. 1.5 hours
	Gentle Pace
	SU 98997 17368 (Car Park)
	Booking required
	Leader: Charles Winchester

**ACCESSIBILITY:** Suitable for pushchairs (kissing gate at the start to get on site) and off road trampers, but not for wheelchairs. The route is mostly on the flat, but there are some medium gradients in parts with minor rutting and loose sand. Well behaved dogs on a lead welcome.

**FACILITIES:** No public toilets, Car Park off Coates Lane.

**DESCRIPTION OF WALK:** A gentle circular walk taking in a variety of wildlife, with views of the open heaths and rolling downland landscapes.

## 6 SAMPLE THE SERPENTS TRAIL

HARD

**THURSDAY 23 AUGUST, 08.00**

The Greyhound Inn, Cocking Causeway, Midhurst, West Sussex, GU29 9QH

	The Greyhound. Stagecoach 60 from Midhurst and Chichester
	14.5 miles. 8 hours
	Gentle Pace
	SU 88242 19672
	Booking required
	Leader: Dan Cornell

**ACCESSIBILITY:** Medium to steep gradients in parts. This walk is suitable for experienced walkers only. This route is not pushchair or wheelchair accessible. The ground is uneven underfoot.

**FACILITIES:** Toilets and Car Park at the Greyhound Inn for patrons only

**DESCRIPTION OF WALK:** This is a day walk passing through some beautiful heathland areas and countryside at the foot of the downs. Finishing at the pub.

## 7 AMBERSHAM AMBLE

EASY

**FRIDAY 24 AUGUST, 11.00-12.30**

Ambersham Common, New Road, Midhurst, GU29 0BZ

	Hoyle Crossroads. Compass 96 from Midhurst and Northchapel.
	1 mile. 1.5 hours
	Gentle Pace
	SU 91377 19658 (Car Park)
	Booking required
	Leader: Kate Dziubinska

**ACCESSIBILITY:** Suitable for pushchairs and trampers, but not wheelchairs. No gates or stiles on the route but some paths are rutted and steep. Parts of the route are very sandy.

**FACILITIES:** No public toilets within Ambersham common. Free Car Park

**DESCRIPTION OF WALK:** A circular walk around the SSSI site Ambersham Common, taking in some of the key management techniques that keep the habitat and wildlife thriving.

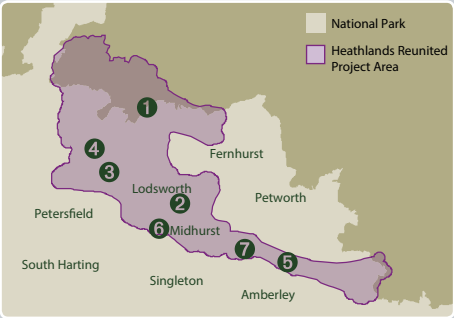


**Walk the Heath Week**  
18–24th August 2018



# The Walks

Please wear sturdy footwear with good grip and dress according to the weather conditions. Bring plenty of water and snacks to keep you going. Book using the contact details at back of leaflet.



- 1 Ludshott Common Navigation Walk**  
18th, Confirmed on booking
- 2 Woolbeding Common Health Walk**  
20th, 10.00 – 13:00, 5.5 miles, 2.5 hours
- 3 Heritage Walk**  
21st, 10.30-12.30, 2.5 miles, 2 hours
- 4 Wildlife Dog Walk**  
21st, 08.45, 3 miles, 1.5 hours
- 5 Landscape and Conservation**  
22nd, 11.00, 1.3 miles, 1.5 hours
- 6 Sample The Serpents Trail**  
23rd, 08.00, 14.5 miles, 8 hours
- 7 Ambersham Amble**  
24th, 11.00-12.30, 1 mile, 1.5 hours

# About the project

## Bigger. Better. Joined up

Heathland covers just one per cent of the South Downs National Park, mostly separated into 'islands' where isolated plants and animals are far more vulnerable to local extinction. Heathland is rarer than rainforest and home to all 12 of our native reptiles and amphibians.

The Heathlands Reunited project, is a partnership of 11 like-minded organisations, led by the South Downs National Park Authority. The project runs for 5 years from 2016-2021 with an area covering 41 heathland sites.

Our aim is to recreate, reconnect, and restore existing heathland to cover an area greater than 1,200 football pitches.

The project also aims to re-engage and inspire communities to visit their heathlands, learn more about them and work together to look after them so they can be enjoyed for generations to come.

**FOR FURTHER DETAILS VISIT:** [south-downs.gov.uk/heathlands-reunited](https://south-downs.gov.uk/heathlands-reunited)

## 1 NAVIGATING HEATHLANDS



■■■■■ ■■■■■ EASY

**SATURDAY 18 AUGUST, DETAILS CONFIRMED ON BOOKING**

**Ludshott Common - Headley Road, Nr Headley Down, Hampshire, GU26 6JG**

	Headly Down/Hammer Lane Stagecoach 18 from Aldershot and Haslemere
	Confirmed on booking
	Gentle/Leisurely
	SU 85260 35815 (Car Park)
	Booking Required
	Walk Leader: Kirstie Betts

**ACCESSIBILITY:** The paths are easy to walk along. There are gentle gradients.

**FACILITIES:** No public toilets within Ludshott Common. Free Car Park.

**DESCRIPTION OF WALK:** This interactive event will teach or build on existing knowledge of orienteering and navigation. You will gain skills and confidence in using maps and accessing heathland. All maps and instructions provided.

## 2 WOOLBEDING COMMON HEALTH WALK



■■■■■ ■■■■■ MEDIUM

**MONDAY 20 AUGUST, 10.00 – 13:00**

**Woolbeding Countryside, National Trust Older Hill Car Park, Woolbeding, West Sussex, GU29 0QQ**

	N/A
	5.5 miles. 2.5 hours
	Gentle/Leisurely
	SU 86967 26033 (Car Park)
	Booking required
	Leader: Fiona Scully <a href="mailto:fiona.scully@nationaltrust.org.uk">fiona.scully@nationaltrust.org.uk</a>

**ACCESSIBILITY:** The paths are easy going underfoot, there is a steady uphill on the way back. It is not push chair or wheelchair friendly. There are no stiles. Well-behaved dogs on leads welcome.

**FACILITIES:** No public toilets

**DESCRIPTION OF WALK:** Starting at Older Hill, heading across Woolbeding Common and then down to the River Rother to make a circuit. Slightly longer than the average health walk.

## 3 HERITAGE WALK

■■■■■ ■■■■■ EASY

**TUESDAY 21 AUGUST, 10.30 -12.30**

**Chapel Common, Liss, West Sussex, GU33 7JN**

	Coldharbour Stagecoach 737 from Petersfield and Liphook
	2.5 Miles 2 Hours
	Gentle Pace
	SU 81263 28147
	Booking required
	Leader: Alison Pitts

**ACCESSIBILITY:** Paths are rough in places the route is not suitable for pushchairs; there are no stiles. Well behaved dogs on a lead welcome.

**FACILITIES:** No toilets. From Liss; take the B2070 towards Liphook, then the second left hand turn after Rake CE Primary School. Parking is available along this road.

**DESCRIPTION OF WALK:** Find out about the cultural history of heaths, how they are maintained today to ensure their survival. We'll also look at historical features.

## 4 WILDLIFE DOG WALK



■■■■■ ■■■■■ EASY

**TUESDAY 21 AUGUST, 08.45**

**Forest Rd, Liss GU33 7BX**

	Pine Walk Stagecoach 38 from Alton and Petersfield
	3 miles. 1.5 hours
	Moderate
	SU 78101 29304
	Booking required
	Leader: Guy Mason

**ACCESSIBILITY:** Tracks with a slight incline in places. Some good shade for over half of the walk. Bring water, for you and your dog!

**FACILITIES:** No toilets. Forest Road car park. From the A3 exit onto the B3006 then right onto Forest Road. Approx. 1 mile to the car park

**DESCRIPTION OF WALK:** Meet the dog ambassador and join us with your dog as we tell you all about the importance of wildlife and how you and your pooch can help us protect it on your every day walk. We might even see the cows.