

**South Downs
National Park
Itinerary 3
East Sussex**



Route

Outward journey

Haywards Heath to Lewes
or
Newhaven to Lewes

Route 166

Compass Travel

Monday to Friday 6 times daily
Saturdays 3 times daily
Sundays no service

Lewes to Spring Barn Farm
(request stop)

Route 123

Compass Travel

Monday to Friday 10 times daily
Saturdays 5 times daily
Sundays 4 times daily
(until 7 September 2014)

Return journey

Spring Barn Farm to Lewes

Route 123

Compass Travel

Monday to Friday 10 times daily
Saturdays 5 times daily
Sundays 4 times daily
(until 7 September 2014)

Lewes to Haywards Heath
or
Lewes to Newhaven

Route 166

Compass Travel

Monday to Friday 6 times daily
Saturdays 3 times daily
Sundays no service

Summary

Start: Haywards Heath (or Newhaven)

Finish: Haywards Heath (or Newhaven)

With your Discovery ticket, you're free to explore everything the South Downs National Park area and beyond has to offer by bus.

Spring Barn Farm is a working farm with plenty of family activities. You can help feed the pigs and lambs and take tractor rides. With a Farm shop and restaurant, why not stop for a spot of lunch or stock up on a few supplies for your onward journey?

Hop on the bus back to Lewes and visit **Lewes Castle** the 1,000 year old Norman Castle, where you can climb to the top and discover stunning views of Lewes, the Downs and the river Ouse.

Cool down at **Pells Pool**, the oldest fresh water public swimming pool in the country. Relax in the tree-lined green lawn whilst the children splash in the paddling pool.

Before heading home, the adjoining **Barbican House Museum** is home to the **Museum of Sussex Archaeology** and a mini-cinema which tells the story of Lewes from prehistoric to medieval times.

Along the way

Attractions

Spring Barn Farm

Kingston Road, Lewes
BN7 3ND

01273 488450

www.springbarnfarm.com

Lewes Castle

High Street, Lewes

01273 486290

www.sussexpast.co.uk/properties-to-discover/lewes-castle

Pells Pool

Brook Street, Lewes, BN7 2BA

01273 472334

www.pellspool.org.uk

Barbican House Museum

169, High Street, Lewes, BN7 1YE

01273 486290

www.sussexpast.co.uk/properties-to-discover/lewes-castle

Food and Drink

Spring Barn Farm restaurant

Kingston Road, Lewes BN7 3ND

01273 488450

www.springbarnfarm.com/restaurant

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